

# About CAPNM

Community Action Partnership of Northwest Montana (CAPNM) has been helping people, improving lives and strengthening communities since 1976. CAPNM is a private, non-profit Community Action Agency with the overall mission to provide services and advocacy to improve lives and strengthen our communities.

CAPNM continues to target hard to serve individuals by focusing on networking available resources and services, which promote long-term solutions for individuals to build success. Different aspects of a client's life are addressed including housing, budgeting, medical, job training and education through networking resources, eventually leading to independence and self-sufficiency.

CAPNM serves a large geographic area of 13,375 square miles with a total population of over 150,000. Flathead, Lake, Lincoln and Sanders Counties are very rural with limited employment opportunities and low wages. CAPNM is the largest private human-services agency in the four county area, providing a wide variety of services to promote self-sufficiency and independence, which allows maximization of resources to benefit more individuals.



HELPING PEOPLE. IMPROVING LIVES.  
STRENGTHENING COMMUNITIES.



For more information about any of our services, please call/walk in to one of the following offices or visit [capnm.net](http://capnm.net) on the internet.

Flathead County  
PO Box 8300  
214 Main Street  
Kalispell, MT 59904  
Phone: 406-752-6565  
Toll Free: 1-800-344-5979  
Fax: 406-752-6582

Lincoln County  
933 Farm to Market Rd.,  
Suite B  
Libby, MT 59923  
Phone: 406-293-2712  
Fax: 406-293-2979

Lake County  
110 Main Street  
PO Box 132  
Polson, MT 59860  
Phone: 406-883-3470  
Fax: 406-883-3481

Eureka Office  
(By appointment only)  
Lincoln County Annex  
66121 Hwy 37, Suite 3  
Eureka, MT 59917  
Phone: 406-293-2712  
Fax: 406-293-2974



COMMUNITY ACTION PARTNERSHIP  
OF NORTHWEST MONTANA

HELPING PEOPLE. IMPROVING LIVES.  
STRENGTHENING COMMUNITIES.

We serve individuals and families by identifying and using available community resources and services to promote long-term self-sufficiency and independence.



800-344-5979  
[WWW.CAPNM.NET](http://WWW.CAPNM.NET)

## In-Home Services

### Personal Touch Home Care

Personal Touch Home Care is available privately or through Medicaid or insurance to people who need assistance with activities of daily living. Attendants are provided for the care and home-making needs of individuals at risk of nursing home placement. Each friendly Personal Care Attendant is educated, trained, supervised by a professional nurse and have had a professional background check.

Services can include transportation, exercise, meal preparation, bathing, grooming and dressing assistance, laundry, light housekeeping, etc.

## Housing Programs

### Emergency Solutions Grant

The Emergency Solutions Grant program provides funding that helps keep families from being evicted from rentals and becoming homeless as well as assisting shelters with maintenance and operating costs in our four county service area.

### Courtyard Apartments

The Courtyard Apartments consists of 32 units, 16 are available to eligible low-income individuals and families, while the other 16 units are available transitional housing for those qualifying as homeless.

If accepted into a transitional housing unit the person or family will work closely with a case manager to work towards achieving self-sufficiency. Supportive services are available through case management depending on the individual and family needs.

### Housing Choice Voucher Program

The Section 8 Housing Choice Vouchers allow very low-income individuals and families to choose and lease safe, decent and affordable privately-owned rental housing.

### Mutual Self-Help Housing Program

MSH helps low income families construct their own homes. The program is targeted to eligible families who are unable to buy clean, safe housing through conventional methods.

Families perform 65% of the construction labor on each other's homes under qualified supervision. The savings from the reduction in labor costs lets eligible families own their own homes without a cash down payment. Families move into their homes when all homes in the group are completed.

## Asset Development

### Homebuyer Education

Homebuyer education courses are offered to give homebuyers the information they need to find, purchase and maintain a home, covering topics such as ID theft, credit, budgeting, and working with realtors, mortgage lenders, home inspectors, and title companies.

### Financial Education

Free to Choose, a Financial Education course offers an opportunity to learn about budgeting, banking, saving, credit cards and loans. Individuals and families who complete the class can work through a mentor program for up to a year of support and have an opportunity to access a small line of credit to assist in building or re-building credit. Includes dinner, child care and a youth class at each session.

### Volunteer Income Tax Assistance

VITA provides low-to-moderate income community residents with free tax preparation and assistance from IRS-certified volunteers from January through April 15th.

## Energy Programs

### Low Income Energy Assistance Program

LIEAP assists eligible low income individuals and families pay a portion of their household winter energy bills. Customers may also be eligible for discounts from local utility companies based upon LIEAP eligibility.

### Weatherization Program

The Weatherization Program helps LIEAP eligible participants to improve the overall efficiency of their homes and thus reduce household energy consumption. Homes are prioritized by annual income and energy consumption. Special consideration is given to emergencies, elderly and disabled individuals.

### Energy Conservation

Materials such as window plastic, weather-strip, water heater blankets, roof patch, caulking and energy conservation informational packets are available for LIEAP eligible households to assist in lowering energy consumption and heating costs.

### Energy Share of Montana

Helps with emergency heating needs caused by situations beyond the household's control and is used as a last resort for those ineligible for other programs through a partnership of citizens, organizations and utility companies.

## Employment & Training

### Workforce Investment Act- Adult

Workforce Investment Act (WIA) serves adult participants age 18 and over. A mix of services can be used to improve the employment prospects of the participants. These include but are not limited to one-on-one case management, career guidance, employment and training exploration, basic education, job skill training and job search assistance.

### Workforce Investment Act- Youth

The program serves low-income eligible youth 14 to 21 years of age. The objective of the program is to provide assistance in completing educational goals and/or job training. Services include one-on-one case management, career guidance, assessment, occupational skills training, work experience and limited internships.

### State Displaced Homemakers Program

This program assists Montana residents, 18 and older, in finding employment and economic security. Individuals who have been providing unpaid service in the home and have been dependent either on the income of another family member or public assistance qualify for this program. Individually designed programs stress assessment, career guidance, occupational skills training, on-the-job training and job search assistance.

### Work Readiness Component (WoRC) Program

WoRC provides intensive case management focused on financial freedom and eventual independence from Public Assistance Programs through job readiness training, work experience and a series of classes designed to address barriers to employment. The Office of Public Assistance must refer participants.